

CURRICULUM VITAE

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CONTACT INFORMATION

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EDUCATION

- 2006 – 2011 **Ph.D., Clinical Psychology (APA-Accredited)**
Drexel University, Philadelphia, PA
- 2010 – 2011 **Pre-Doctoral Internship in Professional Psychology (APA-accredited)**
Charleston Consortium, Traumatic Stress Track
Medical University of South Carolina &
Ralph H. Johnson VA Medical Center, Charleston, SC
- 2006 – 2009 **M.S., Clinical Psychology**
Drexel University, Philadelphia, PA
- 1998 – 2002 **B.S., Computer Science (Highest Honors)**
Rutgers University, New Brunswick, NJ

PROFESSIONAL PSYCHOLOGY LICENSURE

2013 - Present Florida (PY 8779)

PROFESSIONAL POSITIONS

- 2019 – Present **Associate Professor**, Department of Psychology, University of Tampa, Tampa, FL
- 2013 – 2019 **Assistant Professor**, Department of Psychology, University of Tampa, Tampa, FL
- 2012 – 2013 **Research Associate**, Military Sciences Division, Medical University of South Carolina & Ralph H. Johnson VA Medical Center, Charleston, SC
- 2011 – 2012 **Postdoctoral Scholar**, Military Sciences Division, Medical University of South Carolina & Ralph H. Johnson VA Medical Center, Charleston, SC

PUBLICATIONS (PEER-REVIEWED)

- Yuen, E. K.**, Gangi, C., Barakat, K., & Harrison, F. (in press). College students' utilization of the Internet to search for mental health information and effects on help-seeking. *Journal of American College Health*.
- Orban, S.A., Festini, S.B., **Yuen, E.**, & Friedman, L.M (2022). Memory interference in attention-deficit hyperactivity disorder: A meta-analytic review. *Journal of Attention Disorders*.
- Yuen, E. K.**, Goetter, E. M., Stasio, M. J., Ash, P., Mansour, B., McNally, E. Sanchez, M., Hobar, E., Forte, S., Zulaica, K, & Watkins, J. (2019). A pilot of acceptance and commitment therapy for public speaking anxiety delivered with group videoconferencing and virtual reality exposure. *Journal of Contextual Behavioral Science*, 12, 47-54.
- Yuen, E. K.**, Koterba, E. A., Stasio, M. J., Patrick, R. B., Gangi, C., Ash, P., Barakat, K., Greene, V., Hamilton, W., & Mansour, B. (2019). The effects of Facebook on mood in emerging adults. *Psychology of Popular Media Culture*, 8, 198-206.
- Herbert, J. D., Forman, E. M., Kaye, J. L., Gershkovich, M., Goetter, E., **Yuen, E. K.**, Glassman, L., Goldstein, S., Hitchcock, P., Shaw Tronieri, J. S., Berkowitz, S., & Marando-Blanck, S. (2018). Randomized controlled trial of acceptance and commitment therapy versus traditional cognitive behavior therapy for social anxiety disorder: Symptomatic and behavioral outcomes. *Journal of Contextual Behavioral Science*, 9, 88-96.
- Gangi, C. E., **Yuen, E. K.**, Levine, H., & McNally, E. (2016). Hide or seek? The effect of causal and treatability information on stigma and willingness to seek psychological help. *Journal of Social and Clinical Psychology*, 35, 510-524.

- Yuen, E. K.**, Gros, K., Welsh, K., Mccauley, J., Resnick, H., Danielson, C. K., Price, M., & Ruggiero, K. (2016). Development and preliminary testing of a web-based, self-help application for disaster-affected families. *Health Informatics Journal*, *22*, 659-675.
- Price, M., **Yuen, E. K.**, Davidson, T. M., Hubel, G., & Ruggiero, K. (2015). Access and completion of a web-based mental health treatment in a population-based sample of tornado-affected adolescents. *Psychological Services*, *12*, 283-290.
- Yuen, E.K.**, Gros, D. F., Price, M., Zeigler, S., Tuerk, P. W., Foa, E. B., & Acierno, R. (2015). Randomized controlled trial of home-based telehealth versus in-person prolonged exposure for combat-related PTSD in Veterans: Preliminary results. *Journal of Clinical Psychology*, *71*, 500-512.
- Davidson, T. M., **Yuen, E. K.**, Felton, J. W., McCauley, J., Gros, K., & Ruggiero, K. J. (2014). Feasibility assessment of a brief, web-based behavioral activation intervention for adolescents with depressed mood. *The International Journal of Psychiatry in Medicine*, *48*, 69-82.
- Goetter, E. M., Herbert, J. D., Forman, E. M., **Yuen, E. K.**, & Thomas, J. G. (2014). An open trial of videoconference-mediated exposure and ritual prevention for obsessive-compulsive disorder. *Journal of Anxiety Disorders*, *28*, 460-462.
- Price, M., **Yuen, E. K.**, Goetter, E. M., Herbert, J. D., Forman, E. M., Acierno, R., & Ruggiero, K. J. (2014). mHealth: A mechanism to deliver more accessible, more effective mental health care. *Clinical Psychology & Psychotherapy*, *21*, 427-436.
- Gros, D. F., Price, M., **Yuen, E. K.**, & Acierno, R. (2013). Predictors of completion of exposure therapy in OEF/OIF veterans with posttraumatic stress disorder. *Depression and Anxiety*, *30*, 1107-1113.
- Goetter, E. M., Herbert, J. D., Forman, E. M., **Yuen, E. K.**, Gershkovich, M., Glassman, L. H., Rabin, S., & Goldstein, S. (2013). Delivering exposure and ritual prevention for obsessive compulsive disorder via videoconference: Clinical considerations and recommendations. *Journal of Obsessive Compulsive and Related Disorders*, *2*(2), 137-143.
- Yuen, E. K.**, Herbert, J. D., Forman, E. M., Goetter, E. M., Juarascio, A. S., Rabin, S., Goodwin, C., & Bouchard, S. (2013). Acceptance based behavior therapy for social anxiety disorder through videoconferencing. *Journal of Anxiety Disorders*, *27*, 389-397.
- Yuen, E. K.**, Herbert, J. D., Forman, E. M., Goetter, E. M., Comer, R., & Bradley, J. (2013). Treatment of social anxiety disorder using online virtual environments in Second Life. *Behavior Therapy*, *44*, 51-61.
- Forman, E. M., Chapman, J. E., Herbert, J. D., Goetter, E. M., **Yuen, E. K.**, & Moitra, E. (2012). Using session-by-session measurement to compare mechanisms of action for acceptance and commitment therapy and cognitive therapy. *Behavior Therapy*, *43*, 341-354.

- Forman, E. M., Park, J. A., Goetter, E. M., Herbert, J. D., & **Yuen, E. K.** (2012). Long-term follow-up of a randomized controlled trial comparing acceptance and commitment therapy and cognitive therapy for anxiety and depression. *Behavior Therapy, 43*(4), 801-811.
- Gros, D. F., Price, M., Strachan, M., **Yuen, E. K.**, Milanak, M. E., & Acierno, R. (2012). Behavioral Activation and Therapeutic Exposure (BA-TE): An investigation of relative symptom changes in PTSD and depression during the course of integrated behavioral activation, situational exposure, and imaginal exposure techniques. *Behavior Modification, 36*, 580-599.
- Herbert, J. D., Goetter, E. M., Forman, E. M., **Yuen, E. K.**, Erford, B. M., Milillo, J. J., & Goldstein, S. P. (2012). Crossing the line: Interstate delivery of remote psychological services. *The Behavior Therapist, 35*(8), 145-152.
- Strachan, M., Gros, D. F., **Yuen, E. K.**, Ruggiero, K. J., Foa, E. B., & Acierno, R. (2012). Home-based telehealth to deliver evidence-based psychotherapy in veterans with PTSD. *Contemporary Clinical Trials, 33*, 402-409.
- Yuen, E. K.**, Goetter, E. M., Herbert, J. D., & Forman, E. M. (2012). Challenges and opportunities in internet-mediated telemental health. *Professional Psychology: Research and Practice, 43*, 1-8.
- Brown, L. A., Forman, E. M., Herbert, J. D., Hoffman, K. L., **Yuen, E. K.**, & Goetter, E. M. (2011). A randomized controlled trial of acceptance based behavior therapy and cognitive therapy for test anxiety: A pilot study. *Behavior Modification, 35*, 31-53.
- Yeomans, P. D., Forman, E. M., Herbert, J. D., & **Yuen, E. K.** (2010). A randomized trial of a reconciliation workshop with and without PTSD psychoeducation in Burundian sample. *Journal of Traumatic Stress, 23*, 305-312.

OTHER PUBLICATIONS

- Font, P., DeCosta, H., & **Yuen, E. K.** (2023) Reducing stress among college students: Mindfulness meditation versus adult coloring. *Florida Undergraduate Research Journal, 2*, 61-71.
- Font, P., DeCosta, H., & **Yuen, E. K.** (2022) Reducing stress among college students: Mindfulness meditation versus adult coloring. *Acta Spartae, 6*, 7-10.
- McNally, E., & **Yuen, E. K.** (2015) The effects of birth order on academic success. *Acta Spartae, 1*, 16-18
- Rogers, S. M., **Yuen, E. K.**, Zeigler, S., Tuerk, P. W., Cunningham, P. B., & Acierno, R. (2015). Barriers to completing treatment for veterans with PTSD. In: T. Tollefson (Ed.),

PRESENTATIONS (PEER-REVIEWED)

Rothe, D., Valderrama, J., Benedict, J., Bermudez, F., Milford, P., D'Alessandro, A., Giarratana, S., Gangi, C., Martinasek, M., Moore, K., & Yuen, E. K. (2023, February). *College students' use and beliefs with Delta-8 THC*. Poster presented at the Southeastern Psychological Association 69th Annual Meeting, New Orleans, LA.

Font, P., DeCosta, H., Rolle, A., Waddell, M., Searfass., D., Packard, R., Mount, K., Herrmann, A., Haney, B., & **Yuen, E. K.** (2022, April). *Reducing stress among college students*. Presented at the Southeastern Psychological Association 68th Annual Meeting, Hilton Head, SC.

Font, P., DeCosta, H., & **Yuen, E. K.** (2021, April). *Mindfulness meditation versus adult coloring to reduce stress: Preliminary results*. Presented virtually at the Southeastern Psychological Association 67th Annual Meeting.

Herbert, J. D., Forman, E. M., Kaye, J. L., Gershkovich, M., Goetter, E., **Yuen, E. K.**, Glassman, L., Goldstein, S., Hitchcock, P., Tronieri, J. S., Berkowitz, S., & Marando-Blanck, S. (2017, November). Randomized controlled trial of acceptance and commitment therapy versus traditional cognitive behavior therapy for social anxiety disorder: Symptomatic and behavioral outcomes. In Kaye, J. (Chair), *Acceptance-based treatments in the context of established evidence-based interventions: Differential effects on behavior, quality of life, and symptoms*. Symposium presented at the 51st annual convention of the Association for Behavioral and Cognitive Therapies, San Diego, CA.

Yuen, E. K., Stasio, M., Koterba, E., Patrick, R., Mansour, B., Barakat, K., Green, V., Ash, P., & Hamilton, W. (2015, November). *The effects of social media on mood*. Poster presented at the 49th Annual Convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Yuen, E. K., Ash, P., Watkins, J., Zulaica, K., McNally, E., Stasio, M., & Goetter, E. M. (2014, November). *Acceptance-based behavioral therapy for public speaking anxiety delivered via group videoconferencing*. Poster presented at the 48th Annual Convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

Badour, C. L., Gros, D. F., Price, M., **Yuen, E. K.**, & Acierno, R. (2014, November). Disability status as a predictor of exposure therapy completion in OEF/OIF veterans with posttraumatic stress disorder. In T. Keane (chair), *Service Connection among OEF/OIF Veterans: An Examination of Diagnostic Accuracy and Impact on Treatment*. Symposium presented at the 30th annual meeting of the International Society for Traumatic Stress Studies, Miami, FL.

- Herbert, J. D., Gerskovich, M., **Yuen, E. K.**, Goetter, E. M., & Forman, E. M. (2014, June). ACT-based treatment of anxiety disorders via videoconferencing. In M. E. Levin (chair), *Technology-based ACT interventions to support large scale behavior change*. Paper presented at the Association for Contextual Behavioral Science 12th Annual World Conference, Minneapolis, MN.
- Yuen, E. K.**, Cooper, D. C., Mohr, D. C., Rizvi, S. L., & Ruggiero, K. (2013, November). *Developing web-based and mobile applications for mental health interventions: Benefits, challenges, and recommendations*. Panel discussion presented at the 47th annual meeting of the Association for Behavior and Cognitive Therapies, Nashville, TN.
- Price, M., **Yuen, E. K.**, Welsh, K., Davidson, T. M., Soltis, K., & Ruggiero, K. J. (2013, November). *Investigation of factors associated with engagement with a web-based intervention in disaster-affected adolescents*. Poster presented for the Technology & Behavior Special Interest Group at the 47th annual meeting of the Association for Behavior and Cognitive Therapy, Nashville, TN.
- Yuen, E. K.**, Gros, D. F., Price, M., Zeigler, S., Ruggiero, K. J., Tuerk, P. W., & Acierno, R. (2013, April). Home-based telehealth service delivery of prolonged exposure therapy to Veterans with PTSD: Preliminary results. In T. Keane (Chair), *Application of new technologies to the prevention and treatment of PTSD*. Paper presented at the 2013 Anxiety Disorders and Depression Conference, La Jolla, CA.
- Yuen, E. K.**, Herbert, J. D., Forman, E. M., Goetter, E. M., Juarascio, A. S., Rabin, S. J., McGrath, K. B., & Goodwin, C. L. (2013, April). Videoconference-mediated exposure therapy for social anxiety disorder. In E. M. Goetter (Chair), *Implementing internet-mediated exposure therapy for various anxiety disorders: Research findings and clinical considerations*. Paper presented at the 2013 Anxiety Disorders and Depression Conference, La Jolla, CA.
- Goetter, E. M., Herbert, J. D., Forman, E. M., **Yuen, E. K.**, Gershkovich, M., Goldstein, S., Glassman, L. H., & Rabin, S. (2013, April). Remote delivery of exposure and ritual prevention for obsessive compulsive disorder: Results and clinical recommendations. In E. M. Goetter (Chair), *Implementing internet-mediated exposure therapy for various anxiety disorders: Research findings and clinical considerations*. Paper presented at the 2013 Anxiety Disorders and Depression Conference, La Jolla, CA.
- Rogers, S. M., **Yuen, E. K.**, Zeigler, S. M., Kuhlmann, T., Rosenlieb, T. S., Rossi, J., Veronee, K. L., Worsham, G. J., Tuerk, P. W., & Acierno, R. (2013, March). *Treatment Barriers to Therapeutic Exposure*. Poster presented at the 59th annual meeting of the Southeastern Psychological Association, Atlanta, Georgia.
- Yuen, E. K.**, Gros, K., Welsh, K., Price, M., & Ruggiero, K. (2012, November). Improving remote interventions through usability testing. In **E. K. Yuen** (Chair), *Developing high*

quality remote interventions for youth. Paper presented at the 46th Annual Convention of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.

Acierno, R., Tuerk, P., Yoder, M., & **Yuen, E. K.** (2012, September). Home-based telemedicine delivery of evidence based psychotherapy for comorbid PTSD and depression: Results from an ongoing large scale randomized controlled trial. Paper presented at the Annual Conference of the Society for the Study of Anxiety and Stress, Valencia, Spain.

Yuen, E. K., Herbert, J. D., Forman, E. M., Goetter, E. M., Juarascio, A. S., Rabin, S. J., McGrath, K. B., & Goodwin, C. L. (2012, July). Using Skype videoconferencing and Second Life virtual environments to deliver acceptance-based behavior therapy for social anxiety disorder. In J. D. Herbert (Chair), *Internet-based delivery of ACT: Legal, ethical, and clinical developments*. Paper presented at the Association for Contextual Behavioral Science 10th Annual World Conference, Washington, D.C.

Goetter, E. M., Herbert, J. D., Forman, E. M., **Yuen, E. K.**, Gershkovich, M., & Goldstein, S. (2012, July). Acceptance and commitment therapy in combination with exposure and ritual prevention for obsessive compulsive disorder via videoconference. In J. D. Herbert (Chair), *Internet-based delivery of ACT: Legal, ethical, and clinical developments*. Paper presented at the Association for Contextual Behavioral Science 10th Annual World Conference, Washington, D.C.

Zeigler, S., Welsh, K., Strachan, M., **Yuen, E. K.**, Price, M., Gros, D., & Acierno, R. (2011, November). *Home-based telehealth delivery of exposure therapy to veterans with PTSD living in federally designated rural areas.* Poster presented at the 45th Annual Convention of the Association for Behavioral and Cognitive Therapies, Toronto, Ontario, Canada.

Goetter, E. M., Herbert, J. D., Forman, E. M., **Yuen, E. K.**, Erford, B. M., Milillo, J. J., & Goldstein, S. P. (2011, November). Crossing the line: Interstate delivery of remote psychological services. In J. D. Herbert (Chair), *Internet-based psychological services: Legal, ethical, and clinical issues*. Paper presented at the 45th Annual Convention of the Association for Behavioral and Cognitive Therapies, Toronto, Ontario, Canada.

Geboy, A. G., Glassman, L. H., **Yuen, E. K.**, Park, J. A., Goetter, E. M., Herbert, J. D., & Forman, E. M. (2010, November). *Moderators of acceptance-based behavior therapy for social anxiety disorder.* Poster presented at the 44th Annual Convention of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.

Glassman, L. H., Shaw, J. A., **Yuen, E. K.**, Goetter, E. M., Park, J. A., Herbert, J. D., & Forman, E. M. (2010, November). *Differences in ACT-based constructs and social phobia symptoms between post-treatment and follow-up periods following ACT intervention.* Poster presented at the 44th Annual Convention of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.

Goetter, E., Forman, E. M., Herbert, J. D., Geboy, A., & **Yuen, E. K.** (2010, November). *A theoretical examination of depressive rumination and the role of cognitive flexibility and*

mindfulness. Poster presented at the 44th Annual Convention of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.

Goodwin, C. L., Forman, E. M., Butryn, M. L., Herbert, J. D., Ledley, G. S., Park, J. A., **Yuen, E. K.**, & Ambani, R. (2010, November). *Project ABLE: An acceptance-based behavioral lifestyle modification program for cardiac patients: A preliminary investigation*. Poster presented at the 44th Annual Convention of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.

Herbert, J. D., Forman, E. M., **Yuen, E. K.**, Goetter, E. M., England, E., Massey, J., Brandsma, L. L., Blacker, K., Timko, C. A., & Geboy, A. (2010, November). Awareness, acceptance, defusion, and psychopathology: Implications of recent data on the deconstruction of mindfulness. In K. Herzberg (Chair), *Assessment and evaluation of fusion and defusion as a universal process in psychopathology and behavior change*. Paper presented at the 44th Annual Meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.

Yuen, E. K., Goldstein, S. P., Geboy, A. G., Campbell, A. D., Barbieri, A. J., Capozzoli, M. C., Johnson, F. A., Glassman, L. H., Shaw, J. A., Herbert, J. D., & Forman, E. M. (2010, November). *Differences in baseline characteristics between adults enrolled in an online versus in-person treatment program for social anxiety disorder*. Poster presented at the 44th Annual Convention of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.

Yuen, E. K., Herbert, J. D., Forman, E. M., Goetter, E. M., Juarascio, A. S., Rabin, S. J., McGrath, K. B., Goodwin, C. L., Park, J. A., & Bouchard, S. (2010, November). Using Skype videoconferencing and Second Life virtual environments to deliver acceptance-based behavior therapy for social anxiety disorder. In J. D. Herbert (Chair), *New developments in remote and Internet-based treatment*. Paper presented at the 44th Annual Convention of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.

Forman, E. M., Goetter, E. M., Park, J., Herbert, J. D., Moitra, E., & **Yuen, E. K.** (2010, June). Mediators and long-term outcomes in a randomized controlled trial of ACT and CT. In E. Foley (Chair), *Empirical innovations in acceptance-based therapies*. Paper presented at the 6th World Congress of Behavioral and Cognitive Therapies, Boston, MA.

Goetter, E. M., Forman, E. M., Herbert, J. D., **Yuen, E. K.**, Geboy, A., Barbieri, A., & Goldstein, S. (2010, June). *Rumination, cognitive inflexibility and mindfulness: Implications for problem solving*. Poster presented at the 6th World Congress of Behavioral and Cognitive Therapies, Boston, MA.

Yuen, E. K., Goetter, E. M., Park, J. A., Erford, B., Venable, C., Herbert, J. D., & Forman, E. M. (2010, June). *Treatment resistance in cognitive behavioral therapy for social anxiety disorder*. Poster presented at the 6th World Congress of Behavioral and Cognitive Therapies, Boston, MA.

Yuen, E. K., Goetter, E. M., Park, J. A., Patterson, A., Courtois, E., Novac, R., Herbert, J. D., & Forman, E. M. (2010, June). *Moderators of treatment outcome in an online CBT intervention for social anxiety disorder*. Poster presented at the 6th World Congress of Behavioral and Cognitive Therapies, Boston, MA.

Goodwin, C. L., Forman, E. M., Butryn, M. L., Herbert, J. D., Ledley, G. S., **Yuen, E. K.**, Park, J. A., Goldstein, S., Gamber, R. A., & Foster, E. (2010, May). *Project ABLE: An ABBT-based lifestyle modification program for cardiac patients: A preliminary investigation*. Poster presented at the 2010 Annual Meeting of the Philadelphia Behavior Therapy Association, Philadelphia, PA.

Goetter, E. M., Forman, E. M., Herbert, J. D., & **Yuen, E. K.** (2009, November). *The impact of mindfulness and defusion on the relationship between rumination and problem solving*. Poster presented at the 43rd Annual Convention of the Association for Behavioral and Cognitive Therapies, New York, NY.

Yuen, E. K., Herbert, J. D., Forman, E. M., Comer, R., Bradley, J., Goetter, E. M., & Park, J. A. (2009, November). *Virtual therapy for social anxiety disorder using Second Life: Preliminary results*. Poster presented at the 43rd Annual Convention of the Association for Behavioral and Cognitive Therapies, New York, NY.

Yuen, E. K., Herbert, J. D., Forman, E. M., Comer, R., Bradley, J., Park, J. A., & Goetter, E. M. (2009, June). *Second Life virtual therapy for social anxiety disorder*. Poster presented at the 2009 Philadelphia Behavior Therapy Association Poster Exhibition, Philadelphia, PA.

Goetter, E. M., **Yuen, E. K.**, Moitra, E., Forman, E. M., & Herbert, J. D. (2008, November). *Acceptance and awareness: Differential effects as a function of anxiety*. Poster presented at the 42nd Annual Convention of the Association for Behavioral and Cognitive Therapies, Orlando, FL.

Yuen, E. K., Goetter, E. M., Moitra, E., Forman, E. M., & Herbert, J. D. (2008, November). *Moderators of treatment outcome in cognitive therapy and acceptance and commitment therapy*. Poster presented at the 42nd Annual Convention of the Association for Behavioral and Cognitive Therapies, Orlando, FL.

OTHER PRESENTATIONS

Benedict, J., Valderrama, J., Milford, P., Bermudez, F., Giarratana, S., D'Alessandro, A., Durham, M., & Yuen, E. K. (2023, April). *Influence of celebrity self-disclosures on mental health stigma and help-seeking*. Poster presented at the College of Social Sciences, Mathematics, & Education Undergraduate Research Conference, University of Tampa, FL.

Rothe, D., Valderrama, J., Benedict, J., Bermudez, F., Milford, P., D'Alessandro, A., Giarratana, S., Gangi, C., Martinasek, M., Moore, K., & Yuen, E. K. (2023, April). *College students' perceptions of and experiences with Delta-8 THC*. Poster presented at the College of

Social Sciences, Mathematics, & Education Undergraduate Research Conference,
University of Tampa, FL.

Benedict, J., Bermudez, F., Valderrama, J., Schulman, A., Peck, D., Sparks, A., Perrier, P., & Yuen, E. K. (2023, April). *Influence of celebrity self-disclosures on mental health stigma and help-seeking*. Poster presented at the Department of Psychology Dr. Matthews Meet and Greet, University of Tampa, FL.

Rothe, D., Valderrama, J., Benedict, J., Bermudez, F., Milford, P., D'Alessandro, A., Giarratana, S., Gangi, C., Martinasek, M., Moore, K., & Yuen, E. K. (2023, April). *College students' perceptions of and experiences with Delta-8 THC*. Poster presented at the Department of Psychology Dr. Matthews Meet and Greet, University of Tampa, FL.

Benedict, J., Bermudez, F., Valderrama, J., Schulman, A., Peck, D., Sparks, A., Perrier, P., & Yuen, E. K. (2023, February). *Influence of celebrity self-disclosures on mental health stigma and help-seeking*. Poster presented at the Florida Undergraduate Research Conference, Miami Gardens, FL.

Rothe, D., Valderrama, J., Benedict, J., Bermudez, F., Milford, P., D'Alessandro, A., Giarratana, S., Gangi, C., Martinasek, M., Moore, K., & Yuen, E. K. (2023, February). *College students' perceptions of and experiences with Delta-8 THC*. Poster presented at the Florida Undergraduate Research Conference, Miami Gardens, FL.

Valderrama, J., Bermudez, F., Benedict, J., & Yuen, E. K. (2023, February). *Perceptions of Celebrities and Mental Illness*. Poster presented at the Florida Undergraduate Research Conference, Miami Gardens, FL.

Herrmann, A., Benedict, J., Peck, D., Sparks, A., Rothe, D., Nerogic, A., & Yuen, E. (2022, April). *Improving help-seeking for psychological distress in college students*. Poster presented at the College of Social Sciences, Mathematics, & Education Undergraduate Research Conference, University of Tampa, FL.

Font, P., DeCosta, H., Haney, B., Herrmann, A., Mount, K., Packard, R., Rolle, A., Searfass, D., Waddell, M., & Yuen, E. K. (2022, February). *Remote stress reduction interventions for college students: Mindfulness versus adult coloring*. Poster presented at the Florida Undergraduate Research Conference, Orlando, FL.

Font, P., DeCosta, H., Rolle, A., Haney, B., Herrmann, A., Mount, K., Packard, R., Searfass, D., Waddell, M., & Yuen, E. K. (2021, December). *Reducing stress among college students*. Poster presented at the Undergraduate Research Posters at the Capital, Tallahassee, FL.

DeCosta, H., Font, P., Rolle, A., Herrmann, A., Haney, B., Mount, K., Packard, R., Searfass, D., Waddell, M., & Yuen, E. K. (2021, April). *Reducing stress in college students: Mindfulness meditation versus adult coloring*. Presented at the Undergraduate Research and Inquiry Symposium, University of Tampa, FL.

- Nerogic, A., Bosque, M., DeCosta, H., Mansour, N., Rolle, A., & **Yuen, E. K.** (2020, May). *College students' knowledge, attitudes, and intended use of mental health resources.* Presented at the Office of Undergraduate Research and Inquiry Symposium, University of Tampa, FL.
- Nerogic, A., Barrett-Clarke, A., Buzbee, H., Rolle, A., Rosenberg, L., Weis, G., Gangi, C., & **Yuen, E. K.** (2019, May). *The enduring stigma of mental illness.* Poster presented at the 14th Annual College of Social Sciences, Mathematics, & Education Undergraduate Research Conference, University of Tampa, FL.
- Barrett-Clarke, A., Weis, G., Buzbee, H., Stasio, M., Koterba, E., & **Yuen, E. K.** (2019, February). How Facebook usage affects mental health of college students: Rumination group results. Poster presented at the Florida Undergraduate Research Conference (FURC), Jacksonville, FL.
- Buzbee, H., Weis, G., Barrett-Clarke, A., Stasio, M., Koterba, E., & **Yuen, E. K.** (2019, February). *The effects of Facebook use on cognition and emotion in college students: Positive reflection group.* Poster presented at the Florida Undergraduate Research Conference (FURC), Jacksonville, FL.
- Weis, G., Barrett-Clarke, A., Buzbee, H., Stasio, M., Koterba, E., & **Yuen, E. K.** (2019, February). *How Facebook Affects Cognition and Emotion in College Students: General Reflections.* Poster presented at the Florida Undergraduate Research Conference (FURC), Jacksonville, FL.
- Bialas, A., Harrison, F., Buzbee, H., Pena, V., Shuman, T., Barrett-Clarke, A., Brunetti, A., Gangi, C., & **Yuen, E. K.** (2018, April). *The effects of searching online for mental health information.* Poster presented at the 13th Annual College of Social Sciences, Mathematics, & Education Undergraduate Research Conference, University of Tampa, FL.
- Del Vecchio, M., Russo, D., Cox, H., Espert, G., Hill, K., Cagnina, N., Koterba, E. A., Stasio, M. J., & **Yuen, E. K.** (2018, April). *The relationship between Facebook use, rumination, and mood.* Poster presented at the 13th Annual College of Social Sciences, Mathematics, & Education Undergraduate Research Conference, University of Tampa, FL.
- Harrison, F., & **Yuen, E. K.** (2018, April). *The perception of memes in college students.* Poster presented at the 13th Annual College of Social Sciences, Mathematics, & Education Undergraduate Research Conference, University of Tampa, FL.
- Harrison, F., & **Yuen, E. K.** (2018, March). *The perception of memes in college students: Preliminary results.* Poster presented at the Board of Trustees' Special Session on Undergraduate Research and Inquiry, University of Tampa, FL.
- Harrison, F., Brunetti, A., Cox, H., Espert, G., Rivera, B., Savastano, E., Shuman, T., Gangi, C., & **Yuen, E. K.** (2018, February). *How online searches affect attitudes toward mental health treatment: Preliminary results.* Poster presented at the Florida Undergraduate

Research Conference (FURC), Melbourne, FL.

Russo, D., Rodgers, R., Stogsdill, H., Del Vecchio, M., Bryant, N., Bialas, A., Pena, V., Koterba, E. A., Stasio, M. J., & **Yuen, E. K.** (2018, February). *The effects of rumination on mood after Facebook use: Preliminary results*. Poster presented at the Florida Undergraduate Research Conference (FURC), Melbourne, FL.

Harrison, F., Farrington, R., White, R., Cox, H., Del Vecchio, M., Glazer, M., Knott, N., Martinez, A., Russo, D., Brunetti, A., Sheridan, K., Shuman, T., Koterba, E. A., Stasio, M. J., & **Yuen, E. K.** (2017, April). *Relationship between Facebook, rumination, and mood*. Poster presented at the 12th Annual College of Social Sciences, Mathematics, & Education Undergraduate Research Conference, University of Tampa, FL.

Harrison, F., Martinez, A., White, T., Gangi, G., & **Yuen, E. K.** (2017, February). *Searching for mental health information online*. Poster presented at the Florida Undergraduate Research Conference (FURC), Boca Raton, FL.

Barakat, K., Greene, V., Carr, C., Delevescovo, D., Elvidge, B., Harrison, F., Husbands, D., Killian, L., Quiros, V., Veronesi, V., Gangi, C., & **Yuen, E. K.** (2016, April). *Searching for mental health information online*. Poster presented at the 11th Annual College of Social Sciences, Mathematics, & Education Undergraduate Research Conference, University of Tampa, FL.

Carr, C., Greene, V., Barakat, K., Veronesi, V., Ash, P., Mansour, B., Koterba, K., Stasio, M., Patrick, R., Gangi, C., & **Yuen, E. K.** (2016, April). *Facebook's effects on mood*. Poster presented at the 11th Annual College of Social Sciences, Mathematics, & Education Undergraduate Research Conference, University of Tampa, FL.

Greene, V., Barakat, K., Carr, C., Ash, P., Mansour, B., Veronesi, V., Koterba, E., Stasio, M., Patrick, R., Gangi, G., & **Yuen, E. K.** (2016, February). *How Facebook use affects mood*. Poster presented at the Florida Undergraduate Research Conference (FURC), Tampa, FL.

Forte, S., Ash, P., Mansour, B., Hobar, E., McNally, E., & **Yuen, E. K.** (2015, April). *Group videoconferencing and virtual exposure intervention for public speaking anxiety*. Poster presented at the 10th Annual College of Social Sciences, Mathematics, & Education Undergraduate Research Conference, University of Tampa, FL.

Levine, H., McNally, E., Gangi, C., & **Yuen, E. K.** (2015, April). *How information affects the stigma of mental illness*. Poster presented at the 10th Annual College of Social Sciences, Mathematics, & Education Undergraduate Research Conference, University of Tampa, FL.

Mansour, B., Barakat, K., Greene, V., **Yuen, E. K.**, Stasio, M., Koterba, E., & Patrick, R. (2015, April). *The effect of facebook on mood*. Poster presented at the 10th Annual College of Social Sciences, Mathematics, & Education Undergraduate Research Conference, University of Tampa, FL.

McNally, E., Levine, H., & **Yuen, E. K.** (2015, April). *The effect of birth order on academic success*. Poster presented at the 10th Annual College of Social Sciences, Mathematics, & Education Undergraduate Research Conference, University of Tampa, FL.

Ptak, C., Lopes, H., **Yuen, E. K.**, & Stasio, M. (2015, April). *Perfectionism and performance on two problem-solving tasks*. Poster presented at the 10th Annual College of Social Sciences, Mathematics, & Education Undergraduate Research Conference, University of Tampa, FL.

Ash, P., Watkins, J., Zulaica, K., McNally, E., & **Yuen, E. K.** (2014, April). *Investigation of a group videoconferencing workshop for public speaking anxiety*. Poster presented at the 9th Annual College of Social Sciences, Mathematics, & Education Undergraduate Research Conference, University of Tampa, FL. Awards: Top 6 & Students' Choice.

RESEARCH SUPPORT

Delta-8 THC Use and Beliefs in College Students

Award: Undergraduate Research and Inquiry Grant

Funding Agency: University of Tampa

Faculty Mentors: **Erica Yuen**, Cynthia Gangi / Student Researcher: Destin Rothe

Period: 2022-2023

Total Costs: \$3731.30

Reducing Stress in College Students

Award: Undergraduate Research and Inquiry Grant

Funding Agency: University of Tampa

Faculty Mentor: **Erica Yuen** / Student Researchers: Pamela Font, Hannah DeCosta

Period: 2020-2021; extended for 2021-2022

Total Costs: \$5,485.30

Searching Online for Mental Health Information

Award: Research Innovation and Scholarly Excellence Award / Dana Foundation Grant

Funding Agency: University of Tampa

PI: **Erica Yuen**

Period: 2019-2020

Total Costs: \$9133.20

Relationship Between Facebook Use, Rumination, and Mood

Award: David DeLo Research Professor Grant

Funding Agency: University of Tampa

PI: **Erica Yuen**

Period: 2017-2018

Total Costs: \$3,792

Relationship Between Facebook Use, Rumination, and Mood

Award: Dana Grant
Funding Agency: University of Tampa
PI: **Erica Yuen**
Period: 2017-2018
Total Costs: \$2,000

UNDERGRADUATE TEACHING

Associate Professor (2019 – present) / Assistant Professor (2013-2019)

Psychology Department, University of Tampa, Tampa, FL

- Contemporary Clinical Interventions (Fall 2016 – present)
- Abnormal Psychology (Spring 2014 – present)
- Statistics & Experimental Methods I (Spring 2014 – Fall 2021)
- Psychological Assessment (Fall 2013 – Fall 2018)
- General Psychology (Fall 2013 – Fall 2017)

Adjunct Professor, Psychology Department, College of Charleston, Charleston, SC

- Abnormal Psychology (Fall 2012)

Adjunct Professor, Psychology Department, Drexel University, Philadelphia, PA

- Industrial/Organizational Psychology (Spring 2010)
- General Psychology (Spring 2010)

Teaching Assistant, Psychology Department, Drexel University, Philadelphia, PA

- Abnormal Psychology (Fall 2006)

GRADUATE TEACHING

Teaching Assistant, Psychology Department, Drexel University, Philadelphia, PA
Principles of Psychotherapy (Fall 2009)

Graduate Assistant, Psychology Department, Drexel University, Philadelphia, PA
Practicum Training (Fall 2006 – Spring 2008)

TEACHING GRANTS

Creating a Common Thread Through Multiple Psychology Courses

Award: CTL Communities of Practice

Funding Agency: University of Tampa

Co-Is: Sara Festini, Sarah Orban, Renee Patrick, & **Erica Yuen**

Period: 2019-2020

Amount: \$900

PSY 211: Statistics and Experimental Methods I

Award: Inquiry-Based Course Development and Redesign Grant

Funding Agency: University of Tampa

PI: **Erica Yuen**

Period: 2017-2018

Amount: \$600

CLINICAL EXPERIENCE

- 2010 – 2013 **Therapist/Clinician**, Medical University of South Carolina & Ralph H. Johnson VA Medical Center, Charleston, SC
- 2009 – 2010 **Practicum Therapist**, Friends Hospital, Philadelphia, PA
- 2008 – 2010 **Therapist**, Acceptance-Based Behavior Therapy Program, Drexel University, Philadelphia, PA
- 2006 – 2010 **Therapist**, Anxiety Treatment and Research Program, Drexel University, Philadelphia, PA
- 2008 – 2009 **Practicum Therapist**, Center for the Treatment and Study of Anxiety, University of Pennsylvania, Philadelphia, PA
- 2007 – 2008 **Practicum Therapist**, Student Counseling Center, Drexel University, Philadelphia, PA
- 2006 – 2007 **Intake Coordinator**, Student Counseling Center, Drexel University, Philadelphia, PA

TECHNOLOGY EMPLOYMENT

- 2002 – 2005 **Information Technology Associate**, Global Equities Re-Engineering, Deutsche Bank, New York, NY
- 2001 – 2002 **Web Developer**, Citizenship and Service Education & NJserves Rutgers University, New Brunswick, NJ
- 2000 – 2001 **Technology Consultant**, Rutgers University Computing Services, New Brunswick, NJ
- 2000 **Technology Intern**, Internal Consulting Services, JP Morgan, New York, NY

EDITORIAL ACTIVITIES

Behavior Therapy, Ad Hoc Reviewer, 2017, 2023
Journal of Social and Clinical Psychology, Ad Hoc Reviewer, 2019
Psychotherapy, Ad Hoc Reviewer, 2018
Clinical Psychology & Psychotherapy, Ad Hoc Reviewer, 2018
Computers in Human Behavior, Ad Hoc Reviewer, 2017
Health Informatics Journal, Ad Hoc Reviewer, 2014-2015
Behaviour Research and Therapy, Ad Hoc Reviewer, 2012
Cognitive Therapy and Research, Ad Hoc Reviewer, 2012
Journal of Traumatic Stress, Ad Hoc Reviewer, 2011
Journal of Child & Adolescent Substance Abuse, Ad Hoc Reviewer, 2011

PROFESSIONAL AFFILIATIONS

Association for Behavioral and Cognitive Therapies (ABCT)
Technology and Behavior Special Interest Group of ABCT
Association for Contextual Behavioral Science (ACBS)

UNIVERSITY COMMITTEES

2020 – 2024 Tenure & Promotion Committee (Chair, AY 2022-2023)
2023 – 2024 CSSME Dean Search Committee
2020 – 2023 Undergraduate Research and Inquiry Committee
2018 – 2020 Curriculum Committee
2018 – 2019 Instructional Technology Committee (Chair)
2017 – 2018 Faculty Grants Committee
2016 – 2017 Chair, Instructional Technology Committee
2015 – 2016 International Programs Committee
2014 – 2015 Admissions Committee

HONORS AND AWARDS

2018 Excellence in Undergraduate Research Award, CSSME, University of Tampa
2016 Excellence in Scholarship and Research Award, CSSME, University of Tampa
2011 Best Dissertation in the Social Sciences: High Commendation, Drexel University
2010 Travel Award Recipient, Office of Graduate Studies, Drexel University
2009 Best Poster Award, Philadelphia Behavior Therapy Association
2008 Best Graduate Poster Award, College of Arts & Sciences, Drexel University
2006 Provost Fellowship, Drexel University
2001 West Group Merit Scholarship
2000 Golden Key National Honor Society
1999 Phi Eta Sigma National Honor Society
1998 State of New Jersey and Rutgers University Outstanding Scholar